



1  
00:00:03,429 --> 00:00:01,429  
station

2  
00:00:08,230 --> 00:00:03,439  
on two this is houston are you ready for

3  
00:00:13,110 --> 00:00:09,830  
houston this is the international space

4  
00:00:15,350 --> 00:00:13,120  
station we are ready for the event

5  
00:00:17,510 --> 00:00:15,360  
university of waterloo this is mission

6  
00:00:27,269 --> 00:00:17,520  
control in houston texas please call the

7  
00:00:31,830 --> 00:00:29,750  
station this is fair them handle offer

8  
00:00:37,750 --> 00:00:31,840  
at the university of waterloo here with

9  
00:00:37,760 --> 00:00:43,350  
how do you hear me

10  
00:00:47,670 --> 00:00:45,750  
dr hamdulillah opera i read you loud and

11  
00:00:52,950 --> 00:00:47,680  
clear welcome on board the international

12  
00:00:57,189 --> 00:00:55,670  
loud and clear i'm here with students we

13  
00:01:00,549 --> 00:00:57,199

are delighted to welcome you to the

14

00:01:04,469 --> 00:01:02,709

i can see them from here we're delighted

15

00:01:06,630 --> 00:01:04,479

to welcome you to the university we have

16

00:01:09,350 --> 00:01:06,640

a group of students who are anxious to

17

00:01:10,630 --> 00:01:09,360

ask you questions so we'll just get on

18

00:01:13,990 --> 00:01:10,640

with it

19

00:01:19,590 --> 00:01:16,950

hi chris my name is rashmi venkatesh my

20

00:01:22,310 --> 00:01:19,600

question is has the sensation of leaving

21

00:01:24,789 --> 00:01:22,320

earth's protective field changed since

22

00:01:27,190 --> 00:01:24,799

your first trip into space and can you

23

00:01:29,830 --> 00:01:27,200

describe your feelings apprehension

24

00:01:37,190 --> 00:01:29,840

wonder or fear as you left earth's

25

00:01:43,030 --> 00:01:40,149

rashmi uh i've been so fortunate to have

26

00:01:45,510 --> 00:01:43,040

flown in space not just once

27

00:01:48,149 --> 00:01:45,520

but three times and on different

28

00:01:51,030 --> 00:01:48,159

spaceships and this time to be able to

29

00:01:53,590 --> 00:01:51,040

stay for months and months

30

00:01:55,670 --> 00:01:53,600

i would say my apprehension was low

31

00:01:59,109 --> 00:01:55,680

i was more concerned about not going to

32

00:02:01,429 --> 00:01:59,119

space than it was about going to space

33

00:02:03,429 --> 00:02:01,439

because there are there are so many

34

00:02:05,350 --> 00:02:03,439

complexities in in trying to safely

35

00:02:08,389 --> 00:02:05,360

leave earth i was also

36

00:02:11,670 --> 00:02:08,399

sort of the pilot of the soyuz spaceship

37

00:02:14,390 --> 00:02:11,680

and so a lot of eagerness to put all of

38

00:02:15,750 --> 00:02:14,400

that training into practice to do all

39

00:02:18,710 --> 00:02:15,760

the things that so many people have

40

00:02:22,550 --> 00:02:18,720

prepared me to do so it was with a great

41

00:02:24,630 --> 00:02:22,560

sense of of buoyant energy and readiness

42

00:02:27,030 --> 00:02:24,640

that i that i left earth's protective

43

00:02:29,190 --> 00:02:27,040

sheath which which is just outside that

44

00:02:33,350 --> 00:02:29,200

window and launched up here to the space

45

00:02:35,910 --> 00:02:33,360

station a couple months ago and

46

00:02:38,630 --> 00:02:35,920

i visited space twice before but this

47

00:02:41,509 --> 00:02:38,640

time to live here the richness of it

48

00:02:43,430 --> 00:02:41,519

the um the ability and the time

49

00:02:45,910 --> 00:02:43,440

to absorb it and wonder about it and

50

00:02:47,750 --> 00:02:45,920

internalize it and think of it is is

51

00:02:48,869 --> 00:02:47,760

magnificent and

52

00:02:50,470 --> 00:02:48,879

so this

53

00:02:51,910 --> 00:02:50,480

this is the difference between

54

00:02:54,150 --> 00:02:51,920

landing somewhere in an airport and

55

00:03:01,589 --> 00:02:54,160

taking off and getting off the plane and

56

00:03:04,630 --> 00:03:03,190

hi chris my name is

57

00:03:05,830 --> 00:03:04,640

my name is andrew robertson i'm

58

00:03:07,910 --> 00:03:05,840

fortunate to be involved in the

59

00:03:09,750 --> 00:03:07,920

university of waterloo research

60

00:03:11,270 --> 00:03:09,760

that is examining the deconditioning

61

00:03:13,270 --> 00:03:11,280

effects of space flight that are similar

62

00:03:14,869 --> 00:03:13,280

to accelerated aging

63

00:03:16,229 --> 00:03:14,879

my question is can you tell us about

64

00:03:17,430 --> 00:03:16,239

some of the exercise and other

65

00:03:18,869 --> 00:03:17,440

countermeasures

66

00:03:20,149 --> 00:03:18,879

used

67

00:03:21,830 --> 00:03:20,159

throughout your mission which help to

68

00:03:27,990 --> 00:03:21,840

minimize these changes and prepare your

69

00:03:31,750 --> 00:03:30,070

thanks andrew there are of course as you

70

00:03:32,869 --> 00:03:31,760

well know in your studies a lot of

71

00:03:33,750 --> 00:03:32,879

changes

72

00:03:35,750 --> 00:03:33,760

uh

73

00:03:38,949 --> 00:03:35,760

everything some very obvious the the

74

00:03:40,949 --> 00:03:38,959

fluid shift my my extremely uh skinny

75

00:03:43,670 --> 00:03:40,959

calves that i have right now because of

76

00:03:46,229 --> 00:03:43,680

uh there's no gravity pushing the the

77

00:03:48,710 --> 00:03:46,239

fluids into my legs

78

00:03:50,229 --> 00:03:48,720

some of them are very subtle

79

00:03:52,470 --> 00:03:50,239

my eyes

80

00:03:54,550 --> 00:03:52,480

sting a little more up here because they

81

00:03:56,070 --> 00:03:54,560

don't drain ever so you kind of have

82

00:04:00,309 --> 00:03:56,080

more

83

00:04:02,710 --> 00:04:00,319

often you can still cry in space but

84

00:04:05,589 --> 00:04:02,720

they just the tears don't fall

85

00:04:07,270 --> 00:04:05,599

and so they're subtle things as well

86

00:04:08,710 --> 00:04:07,280

but the biggest ones the ones we have to

87

00:04:11,190 --> 00:04:08,720

worry the most about are preparing

88

00:04:12,710 --> 00:04:11,200



ourselves for coming home and preparing

89

00:04:14,949 --> 00:04:12,720

ourselves to be strong enough if we have

90

00:04:16,469 --> 00:04:14,959

to go outside and fix something

91

00:04:18,150 --> 00:04:16,479

and as you mentioned we use

92

00:04:20,310 --> 00:04:18,160

countermeasures

93

00:04:21,830 --> 00:04:20,320

the two big ones we have are

94

00:04:23,990 --> 00:04:21,840

cardiovascular

95

00:04:25,749 --> 00:04:24,000

and we have both a treadmill and an

96

00:04:26,469 --> 00:04:25,759

exercise bicycle

97

00:04:32,710 --> 00:04:26,479

and

98

00:04:33,909 --> 00:04:32,720

is resistive exercise

99

00:04:36,790 --> 00:04:33,919

and of course

100

00:04:38,150 --> 00:04:36,800

you can do 10 000 push-ups up here

101

00:04:40,550 --> 00:04:38,160

because there's no up

102

00:04:42,790 --> 00:04:40,560

but we have a device a resistive

103

00:04:44,070 --> 00:04:42,800

exercise device where you're pushing

104

00:04:46,310 --> 00:04:44,080

actually against

105

00:04:48,310 --> 00:04:46,320

big cylinders that if the air pulled out

106

00:04:50,390 --> 00:04:48,320

of them like a vacuum so you get a nice

107

00:04:52,950 --> 00:04:50,400

linear push against them and it's a lot

108

00:04:55,270 --> 00:04:52,960

like lifting weights and every single

109

00:04:56,950 --> 00:04:55,280

day we spend two hours on those pieces

110

00:04:59,189 --> 00:04:56,960

of equipment the rest of it we just

111

00:05:00,070 --> 00:04:59,199

float around and you can be as lazy i

112

00:05:01,749 --> 00:05:00,080

mean i

113

00:05:04,469 --> 00:05:01,759

i don't even have to hold up my head up

114

00:05:07,670 --> 00:05:04,479

here but uh for two hours a day we work

115

00:05:11,990 --> 00:05:09,590

then get myself back down and oh i'm

116

00:05:14,070 --> 00:05:12,000

falling all over

117

00:05:17,670 --> 00:05:14,080

i'm right up close for two hours a day

118

00:05:20,150 --> 00:05:17,680

we work hard to keep our bodies in uh

119

00:05:21,670 --> 00:05:20,160

in shape to keep our muscles strong so

120

00:05:23,909 --> 00:05:21,680

that if we have to go outside on a walk

121

00:05:25,430 --> 00:05:23,919

we can operate the space suit and when

122

00:05:26,870 --> 00:05:25,440

we land back on earth again we'll be

123

00:05:30,710 --> 00:05:26,880

able to walk and our bones will be

124

00:05:35,430 --> 00:05:33,189

hi chris my name is amber nicholson my

125

00:05:37,430 --> 00:05:35,440

question is with your unique vantage

126

00:05:39,270 --> 00:05:37,440

point in space are you able to see any

127

00:05:43,909 --> 00:05:39,280

evidence of environmental degradation on

128

00:05:49,189 --> 00:05:46,150

hi amber we sure are

129

00:05:50,710 --> 00:05:49,199

some very visual examples like

130

00:05:53,270 --> 00:05:50,720

the arrow sea

131

00:05:55,590 --> 00:05:53,280

which because of irrigation changes uh

132

00:05:57,189 --> 00:05:55,600

an entire inland sea is basically dried

133

00:05:58,950 --> 00:05:57,199

up to nothing and from the first

134

00:06:01,430 --> 00:05:58,960

astronauts who flew and took pictures of

135

00:06:03,830 --> 00:06:01,440

it to us taking pictures of it now

136

00:06:05,510 --> 00:06:03,840

the the dis difference is striking all

137

00:06:06,550 --> 00:06:05,520

the major cities of the world the really

138

00:06:09,029 --> 00:06:06,560

big ones

139

00:06:11,830 --> 00:06:09,039

normally are gray smears

140

00:06:13,430 --> 00:06:11,840

the big city mexico city la

141

00:06:15,029 --> 00:06:13,440

the cities in china

142

00:06:16,790 --> 00:06:15,039

just because of the smog and pollution

143

00:06:18,150 --> 00:06:16,800

they create and you hardly could even

144

00:06:19,510 --> 00:06:18,160

see them and

145

00:06:21,830 --> 00:06:19,520

they they have trouble looking up at the

146

00:06:23,990 --> 00:06:21,840

sky as a result so you see that and we

147

00:06:26,390 --> 00:06:24,000

also see the glaciers and we've been

148

00:06:28,309 --> 00:06:26,400

taking a lot of pictures in patagonia of

149

00:06:30,870 --> 00:06:28,319

uh of the glaciers as they exist right

150

00:06:33,270 --> 00:06:30,880

now and uh and compare them to historic

151

00:06:35,029 --> 00:06:33,280

photographs so it's

152

00:06:36,710 --> 00:06:35,039

and when there's a volcanic eruption and

153

00:06:38,710 --> 00:06:36,720

we look at the horizon you can see the

154

00:06:40,550 --> 00:06:38,720

particulate in the upper atmosphere so

155

00:06:42,629 --> 00:06:40,560

it's a wonderful vantage point for

156

00:06:44,870 --> 00:06:42,639

long-term monitoring of the earth's

157

00:06:50,550 --> 00:06:44,880

atmosphere and the health of the planet

158

00:06:55,110 --> 00:06:52,870

hi chris my name is sakshi jin my

159

00:06:56,629 --> 00:06:55,120

question is in march you'll take on the

160

00:06:58,790 --> 00:06:56,639

responsibility is commanding the

161

00:07:00,710 --> 00:06:58,800

international space station how are you

162

00:07:02,230 --> 00:07:00,720

preparing for this role and how will you

163

00:07:07,749 --> 00:07:02,240

handle the stress that comes with the

164

00:07:12,469 --> 00:07:10,629

uh sakshi stress is is kind of a

165

00:07:14,390 --> 00:07:12,479

human emotion

166

00:07:15,670 --> 00:07:14,400

it doesn't really come with a position

167

00:07:17,670 --> 00:07:15,680

it's internal

168

00:07:18,710 --> 00:07:17,680

and in the way i try i try and avoid

169

00:07:20,309 --> 00:07:18,720

stress

170

00:07:21,830 --> 00:07:20,319

and the way i avoid it is to try and

171

00:07:23,430 --> 00:07:21,840

never be in a position where i don't

172

00:07:25,749 --> 00:07:23,440

know what i'm doing or where i'm asked

173

00:07:27,589 --> 00:07:25,759

to do something i'm not qualified for

174

00:07:29,909 --> 00:07:27,599

so in truth i started training to

175

00:07:31,670 --> 00:07:29,919

command the space station when i was 14

176

00:07:33,670 --> 00:07:31,680

i was in the air cadets and i went to a

177

00:07:35,909 --> 00:07:33,680

junior leaders course and they taught me

178

00:07:38,390 --> 00:07:35,919

the basic precepts of leadership at 14

179

00:07:40,629 --> 00:07:38,400

years old as a as a young canadian

180

00:07:41,909 --> 00:07:40,639

and since that i've watched leaders and

181

00:07:43,430 --> 00:07:41,919

you can learn something from every

182

00:07:45,909 --> 00:07:43,440

leader from you can learn a lot from the

183

00:07:48,150 --> 00:07:45,919

bad ones and a lot from the good ones

184

00:07:50,469 --> 00:07:48,160

and i've also through the military and

185

00:07:53,430 --> 00:07:50,479

then in my 20 years as an astronaut been

186

00:07:54,950 --> 00:07:53,440

given increasing opportunities to manage

187

00:07:55,749 --> 00:07:54,960

and to lead people

188

00:08:03,589 --> 00:07:55,759



and

189

00:08:04,790 --> 00:08:03,599

preparing for that for about four or

190

00:08:06,710 --> 00:08:04,800

five years

191

00:08:08,790 --> 00:08:06,720

working with the people on the ground

192

00:08:10,150 --> 00:08:08,800

and on the crew preparing myself

193

00:08:12,950 --> 00:08:10,160

thinking through everything that might

194

00:08:15,029 --> 00:08:12,960

happen so that when the time comes not

195

00:08:16,950 --> 00:08:15,039

only am i not stressed about it but i'm

196

00:08:18,710 --> 00:08:16,960

eagerly looking forward to it this is

197

00:08:20,150 --> 00:08:18,720

something i've really worked hard to be

198

00:08:22,390 --> 00:08:20,160

prepared for

199

00:08:24,629 --> 00:08:22,400

an unprecedented opportunity personally

200

00:08:27,189 --> 00:08:24,639

and professionally and and nationally

201  
00:08:29,589 --> 00:08:27,199  
and i'm just uh really pleased that i'm

202  
00:08:31,189 --> 00:08:29,599  
in a position and really happy to to

203  
00:08:36,870 --> 00:08:31,199  
have the chance to pick up the reins

204  
00:08:40,389 --> 00:08:38,870  
hi chris my name is robert henderson and

205  
00:08:42,230 --> 00:08:40,399  
my question is what is the most

206  
00:08:44,070 --> 00:08:42,240  
difficult experiment being conducted on

207  
00:08:51,350 --> 00:08:44,080  
the iss during your mission and what

208  
00:08:56,470 --> 00:08:52,630  
we have we're running i think you know

209  
00:08:58,389 --> 00:08:56,480  
robert about 130 experiments on board um

210  
00:08:59,990 --> 00:08:58,399  
difficulty is probably the ones that you

211  
00:09:01,430 --> 00:09:00,000  
know that affect us personally some of

212  
00:09:03,269 --> 00:09:01,440  
the complex ones are running on their

213  
00:09:05,190 --> 00:09:03,279

own um

214

00:09:07,350 --> 00:09:05,200

i set up and ran robonaut today and the

215

00:09:09,590 --> 00:09:07,360

alpha magnetic spectrometer is running

216

00:09:10,949 --> 00:09:09,600

but one from the university of waterloo

217

00:09:12,230 --> 00:09:10,959

there's a canadian experiment running

218

00:09:13,750 --> 00:09:12,240

down here in the corner that i'm taking

219

00:09:15,509 --> 00:09:13,760

care of one from the university of

220

00:09:17,509 --> 00:09:15,519

waterloo has some complexity to it i

221

00:09:20,790 --> 00:09:17,519

think dr houston was talking to you

222

00:09:23,670 --> 00:09:20,800

about it but we take these leg cuffs and

223

00:09:26,790 --> 00:09:23,680

i'm going to float the microphone

224

00:09:28,150 --> 00:09:26,800

we take these leg cuffs and uh have to

225

00:09:30,790 --> 00:09:28,160

put them on our

226

00:09:33,030 --> 00:09:30,800

on our upper cat upper thighs here and

227

00:09:36,230 --> 00:09:33,040

get it all just right and attached and

228

00:09:37,509 --> 00:09:36,240

then pump them up and then uh when

229

00:09:39,509 --> 00:09:37,519

everything's just right we have all the

230

00:09:41,910 --> 00:09:39,519

medical data attached to our body then

231

00:09:44,310 --> 00:09:41,920

release them and it's it's almost the

232

00:09:45,990 --> 00:09:44,320

same as coming from weightlessness and

233

00:09:48,230 --> 00:09:46,000

suddenly putting gravity back so that

234

00:09:50,470 --> 00:09:48,240

the blood that was trapped now suddenly

235

00:09:52,310 --> 00:09:50,480

can flush down into the legs and it

236

00:09:54,550 --> 00:09:52,320

takes a lot of setup of course to get

237

00:09:56,389 --> 00:09:54,560

all of the biomedical sensing equipment

238

00:09:58,870 --> 00:09:56,399

attached to our body and then get all

239

00:10:00,389 --> 00:09:58,880

the the all the parameters i mean dr

240

00:10:02,790 --> 00:10:00,399

houston and his team have been working

241

00:10:04,389 --> 00:10:02,800

on it for years to get to the moment

242

00:10:05,670 --> 00:10:04,399

where i can get all this equipment set

243

00:10:08,069 --> 00:10:05,680

up running properly in the right

244

00:10:10,230 --> 00:10:08,079

position and then have my body go

245

00:10:12,389 --> 00:10:10,240

through this sudden change so that then

246

00:10:14,069 --> 00:10:12,399

we can study how the body regulates

247

00:10:16,389 --> 00:10:14,079

blood pressure how it regulates the

248

00:10:18,310 --> 00:10:16,399

blood flow and use that of course for

249

00:10:20,150 --> 00:10:18,320

astronaut health but also for the health

250

00:10:22,470 --> 00:10:20,160

of everybody at earth who has blood

251  
00:10:24,069 --> 00:10:22,480  
pressure regulation problems so one like

252  
00:10:26,310 --> 00:10:24,079  
this with a lot of equipment they have a

253  
00:10:31,590 --> 00:10:26,320  
lot of complexity but also they have a

254  
00:10:36,630 --> 00:10:34,150  
uh hi chris

255  
00:10:41,030 --> 00:10:36,640  
hi chris

256  
00:10:46,470 --> 00:10:41,040  
question is how does internet work on

257  
00:10:51,430 --> 00:10:49,350  
uh it works really slowly alex

258  
00:10:53,990 --> 00:10:51,440  
if at all um

259  
00:10:55,350 --> 00:10:54,000  
we don't really have internet uh or just

260  
00:10:57,910 --> 00:10:55,360  
barely have internet on the space

261  
00:11:00,310 --> 00:10:57,920  
station but we have multiple links to

262  
00:11:01,750 --> 00:11:00,320  
the ground some direct just like a vhf

263  
00:11:06,310 --> 00:11:01,760

radio

264

00:11:08,790 --> 00:11:06,320

data rate uh communications through

265

00:11:11,190 --> 00:11:08,800

different bands of the spectrum not just

266

00:11:13,829 --> 00:11:11,200

vhf very high frequency or uhf but we

267

00:11:16,470 --> 00:11:13,839

also have s band and ku band

268

00:11:18,470 --> 00:11:16,480

complex answer but when we have ku bands

269

00:11:20,710 --> 00:11:18,480

it's a high enough data rate that we can

270

00:11:22,790 --> 00:11:20,720

bounce our signal off a geostationary

271

00:11:25,110 --> 00:11:22,800

satellite down to earth through all the

272

00:11:26,949 --> 00:11:25,120

ground relay sites down to mission

273

00:11:29,269 --> 00:11:26,959

control in houston and then they take

274

00:11:30,550 --> 00:11:29,279

that signal and they hook it up to a

275

00:11:32,630 --> 00:11:30,560

computer that's sitting there like a

276

00:11:34,630 --> 00:11:32,640

mirror computer site down in mission

277

00:11:36,470 --> 00:11:34,640

control so that when i tap on my

278

00:11:39,590 --> 00:11:36,480

keyboard up here it goes through that

279

00:11:41,670 --> 00:11:39,600

long long trail all the way down to that

280

00:11:43,910 --> 00:11:41,680

ghost computer on the ground and that

281

00:11:46,150 --> 00:11:43,920

way i can access the internet and that's

282

00:11:48,470 --> 00:11:46,160

how i can send messages on twitter and

283

00:11:51,190 --> 00:11:48,480

and do very slow functions it's slow

284

00:11:54,150 --> 00:11:51,200

slower than dial up so i can't watch

285

00:11:56,790 --> 00:11:54,160

videos or anything but it's good enough

286

00:11:58,629 --> 00:11:56,800

for just verbal and twitter kind of data

287

00:12:00,629 --> 00:11:58,639

communication and it's been a wonderful

288

00:12:02,069 --> 00:12:00,639



boon for for me to be able to help

289

00:12:06,870 --> 00:12:02,079

communicate this experience to the

290

00:12:11,350 --> 00:12:09,430

hi chris my name is michael goldring my

291

00:12:13,110 --> 00:12:11,360

question is did the transition from test

292

00:12:19,190 --> 00:12:13,120

piloting fighter jets make space flight

293

00:12:21,910 --> 00:12:20,550

yeah astronauts come from a lot of

294

00:12:24,389 --> 00:12:21,920

different backgrounds

295

00:12:27,269 --> 00:12:24,399

i was a engineer i of course i was an

296

00:12:29,030 --> 00:12:27,279

engineer at the university of waterloo

297

00:12:31,430 --> 00:12:29,040

i was a fighter pilot and then i went to

298

00:12:34,150 --> 00:12:31,440

test pilot school and i worked as a test

299

00:12:35,350 --> 00:12:34,160

pilot for several years

300

00:12:37,350 --> 00:12:35,360

and

301  
00:12:38,710 --> 00:12:37,360  
an aerospace vehicle just like the

302  
00:12:40,470 --> 00:12:38,720  
aerospace program that's at the

303  
00:12:42,150 --> 00:12:40,480  
university of waterloo

304  
00:12:43,509 --> 00:12:42,160  
trying to understand you know if you

305  
00:12:45,750 --> 00:12:43,519  
make the engine twice as big or the

306  
00:12:47,670 --> 00:12:45,760  
wings twice as long or or whatever what

307  
00:12:49,910 --> 00:12:47,680  
happens how's the vehicle work how do

308  
00:12:51,990 --> 00:12:49,920  
you build a control system

309  
00:12:53,590 --> 00:12:52,000  
uh with all the appropriate filtering so

310  
00:12:55,910 --> 00:12:53,600  
the vehicle will have the right handling

311  
00:12:58,069 --> 00:12:55,920  
qualities all of that has been directly

312  
00:13:00,629 --> 00:12:58,079  
applicable to flying the shuttle and to

313  
00:13:02,150 --> 00:13:00,639

flying the soyuz and then the complexity

314

00:13:04,829 --> 00:13:02,160

of a big

315

00:13:07,750 --> 00:13:04,839

spaceship like this one it's really just

316

00:13:10,389 --> 00:13:07,760

a super expanded version of some of the

317

00:13:12,710 --> 00:13:10,399

airplanes i flew as a test pilot so i

318

00:13:13,670 --> 00:13:12,720

think for anyone who wants to fly in

319

00:13:15,910 --> 00:13:13,680

space

320

00:13:17,590 --> 00:13:15,920

flying is a big part of that

321

00:13:20,150 --> 00:13:17,600

there's all the technical side of it but

322

00:13:22,150 --> 00:13:20,160

i think it was a very good grounding if

323

00:13:26,310 --> 00:13:22,160

you can use that word for

324

00:13:30,710 --> 00:13:28,790

hi chris my name is priyanka patel my

325

00:13:33,030 --> 00:13:30,720

question is what feature on earth's

326

00:13:40,470 --> 00:13:33,040

surface that's natural or man-made are

327

00:13:51,350 --> 00:13:41,430

the

328

00:13:53,430 --> 00:13:51,360

highest clouds that are that exist that

329

00:13:56,069 --> 00:13:53,440

you can see visually can barely ever see

330

00:13:57,670 --> 00:13:56,079

them from the ground but um if you get

331

00:13:59,750 --> 00:13:57,680

just the right angle between the sun and

332

00:14:01,269 --> 00:13:59,760

the earth and they happen to be there uh

333

00:14:02,470 --> 00:14:01,279

you can see them and i thought you were

334

00:14:05,110 --> 00:14:02,480

i was gonna have to be some sort of

335

00:14:06,790 --> 00:14:05,120

scientist or or super photographer to be

336

00:14:08,389 --> 00:14:06,800

ever able to take a good picture of a

337

00:14:09,509 --> 00:14:08,399

noctilucent cloud

338

00:14:11,509 --> 00:14:09,519

some people think they're a good

339

00:14:13,189 --> 00:14:11,519

indication of climate change as we can

340

00:14:16,150 --> 00:14:13,199

track the changes of these noctilucent

341

00:14:18,310 --> 00:14:16,160

clouds but about a month ago one night

342

00:14:20,310 --> 00:14:18,320

just coming up in australia they were as

343

00:14:22,069 --> 00:14:20,320

clear as a bell and i grabbed a camera

344

00:14:24,949 --> 00:14:22,079

and used what training i had and got

345

00:14:27,590 --> 00:14:24,959

some i was shocked they were just so

346

00:14:29,189 --> 00:14:27,600

crystal clear these these ethereal

347

00:14:31,350 --> 00:14:29,199

clouds that normally are completely

348

00:14:32,949 --> 00:14:31,360

invisible but that are a vital part of

349

00:14:34,550 --> 00:14:32,959

our earth's upper atmosphere and i

350

00:14:36,550 --> 00:14:34,560

managed to to be able to see them with

351

00:14:38,389 --> 00:14:36,560

my own eyes and get clear pictures of

352

00:14:40,470 --> 00:14:38,399

them and those pictures may well be one

353

00:14:42,550 --> 00:14:40,480

of the most enduring legacies of our

354

00:14:44,710 --> 00:14:42,560

time up here is the science that comes

355

00:14:50,230 --> 00:14:44,720

along with that surprising thing i saw

356

00:14:55,110 --> 00:14:52,949

hi chris my name is nancy zoomteens my

357

00:14:57,269 --> 00:14:55,120

question is do you have any advice

358

00:14:59,030 --> 00:14:57,279

besides advanced education for those

359

00:15:04,629 --> 00:14:59,040

aspiring to become canada's future

360

00:15:09,430 --> 00:15:07,509

hi nancy uh yes uh in fact you should

361

00:15:11,829 --> 00:15:09,440

ask jeremy after because jeremy asked me

362

00:15:14,550 --> 00:15:11,839

that same question about 14 years ago or

363

00:15:17,269 --> 00:15:14,560

13 years ago

364

00:15:19,509 --> 00:15:17,279

number one is you need a healthy body

365

00:15:21,990 --> 00:15:19,519

because we we don't want to take a big

366

00:15:23,430 --> 00:15:22,000

risk on health up here so not only

367

00:15:25,030 --> 00:15:23,440

hopefully you're born with a body that's

368

00:15:26,870 --> 00:15:25,040

healthy enough but also you need to take

369

00:15:28,790 --> 00:15:26,880

care of it so you don't have to go crazy

370

00:15:30,949 --> 00:15:28,800

but exercise enough to stay in shape and

371

00:15:32,949 --> 00:15:30,959

don't eat bad things and and keep your

372

00:15:35,189 --> 00:15:32,959

body in shape number two is an advanced

373

00:15:36,870 --> 00:15:35,199

education and not so much for the

374

00:15:38,790 --> 00:15:36,880

education i mean

375

00:15:41,110 --> 00:15:38,800

a technical education is important but

376

00:15:43,030 --> 00:15:41,120

to proven ability to learn complex

377

00:15:44,870 --> 00:15:43,040

things and of course you're doing that

378

00:15:45,829 --> 00:15:44,880

at the university of waterloo tremendous

379

00:15:48,230 --> 00:15:45,839

school

380

00:15:51,030 --> 00:15:48,240

then the third thing is an ability to

381

00:15:52,710 --> 00:15:51,040

make good decisions when consequences

382

00:15:55,430 --> 00:15:52,720

matter

383

00:15:58,150 --> 00:15:55,440

and uh where you the the result of your

384

00:16:00,389 --> 00:15:58,160

decisions either is life or death or big

385

00:16:02,710 --> 00:16:00,399

financial consequences or something like

386

00:16:04,230 --> 00:16:02,720

that and when when canada and all the

387

00:16:05,910 --> 00:16:04,240

other countries are choosing astronauts

388

00:16:08,470 --> 00:16:05,920



that's what they're looking for very

389

00:16:10,870 --> 00:16:08,480

healthy people have proven they can

390

00:16:12,629 --> 00:16:10,880

learn complex things at a high level but

391

00:16:14,710 --> 00:16:12,639

who can also make good decisions when

392

00:16:16,790 --> 00:16:14,720

they have to and

393

00:16:18,230 --> 00:16:16,800

and and then that just gets it down to

394

00:16:19,990 --> 00:16:18,240

500 people or so and then they're

395

00:16:21,189 --> 00:16:20,000

looking for all the other things what

396

00:16:24,230 --> 00:16:21,199

else have you done interesting in your

397

00:16:25,990 --> 00:16:24,240

life other languages that you speak um

398

00:16:28,230 --> 00:16:26,000

what what else do you bring to the table

399

00:16:29,189 --> 00:16:28,240

can you can you play guitar can you uh

400

00:16:31,430 --> 00:16:29,199

are you going to be an interesting

401

00:16:33,430 --> 00:16:31,440

person to go to mars with or not

402

00:16:35,030 --> 00:16:33,440

so uh but but you guys are on the right

403

00:16:37,670 --> 00:16:35,040

track at the university of waterloo

404

00:16:38,629 --> 00:16:37,680

that's a premier school in canada and

405

00:16:40,470 --> 00:16:38,639

the things that you're doing and

406

00:16:43,030 --> 00:16:40,480

learning there are sitting on the right

407

00:16:48,470 --> 00:16:43,040

track not only to fly in space but

408

00:16:53,430 --> 00:16:51,350

hi chris my name is james allen and my

409

00:16:54,629 --> 00:16:53,440

question is in your opinion what is the

410

00:16:56,389 --> 00:16:54,639

greatest contribution that the

411

00:16:58,710 --> 00:16:56,399

international space station provides to

412

00:17:03,590 --> 00:16:58,720

the world and is asteroid watch a part

413

00:17:06,789 --> 00:17:04,870

we'll be we'll be watching for the

414

00:17:08,309 --> 00:17:06,799

asteroid a little later today

415

00:17:11,270 --> 00:17:08,319

we weren't in a position to see that

416

00:17:12,470 --> 00:17:11,280

meteorite do all that damage in russia

417

00:17:13,750 --> 00:17:12,480

um

418

00:17:15,429 --> 00:17:13,760

it's going to be very hard to see the

419

00:17:17,270 --> 00:17:15,439

asteroid they did the math and it's

420

00:17:18,789 --> 00:17:17,280

going to be less than a pixel for us to

421

00:17:20,309 --> 00:17:18,799

take a picture so we may with a time

422

00:17:21,510 --> 00:17:20,319

lapse see it go by

423

00:17:24,630 --> 00:17:21,520

but

424

00:17:26,309 --> 00:17:24,640

uh for the space station itself

425

00:17:27,909 --> 00:17:26,319

uh of course with all the experiments

426

00:17:29,909 --> 00:17:27,919

going on it's very hard to predict what

427

00:17:32,150 --> 00:17:29,919

an experiment will have a breakthrough

428

00:17:33,830 --> 00:17:32,160

but i'm hoping that over its 20 or 30

429

00:17:36,070 --> 00:17:33,840

year life of the station from way back

430

00:17:37,270 --> 00:17:36,080

in 78 or i'm sorry in 98 when it was

431

00:17:38,630 --> 00:17:37,280

first launched

432

00:17:40,310 --> 00:17:38,640

um

433

00:17:41,750 --> 00:17:40,320

i'm hoping that there is some science

434

00:17:43,190 --> 00:17:41,760

that happens on here that is truly

435

00:17:45,270 --> 00:17:43,200

breakthrough we sure are setting

436

00:17:47,110 --> 00:17:45,280

ourselves up for it uh mounted to the

437

00:17:49,590 --> 00:17:47,120

top is the alpha magnetic spectrometer

438

00:17:51,350 --> 00:17:49,600

which is collecting uh matter in any

439

00:17:53,029 --> 00:17:51,360

matter and high energy particles from

440

00:17:54,630 --> 00:17:53,039

the universe trying to understand the

441

00:17:57,190 --> 00:17:54,640

fundament of what the universe is made

442

00:17:59,350 --> 00:17:57,200

of i'm studying the human physiology

443

00:18:00,870 --> 00:17:59,360

that you can't study on earth when you

444

00:18:03,190 --> 00:18:00,880

take away gravity

445

00:18:05,590 --> 00:18:03,200

but one of the main legacies may be

446

00:18:07,510 --> 00:18:05,600

that when when one of you goes to mars

447

00:18:09,909 --> 00:18:07,520

you will be on a spaceship

448

00:18:12,150 --> 00:18:09,919

that has functioning pumps is made of

449

00:18:13,750 --> 00:18:12,160

the right material has a closed

450

00:18:15,830 --> 00:18:13,760

environmental system

451  
00:18:17,990 --> 00:18:15,840  
recycling water and air

452  
00:18:19,909 --> 00:18:18,000  
has all the systems that work the hull

453  
00:18:21,510 --> 00:18:19,919  
is made of the right metal all of those

454  
00:18:23,190 --> 00:18:21,520  
things because of what we learned here

455  
00:18:24,070 --> 00:18:23,200  
on the space station when the first

456  
00:18:25,990 --> 00:18:24,080  
people

457  
00:18:28,310 --> 00:18:26,000  
sailed out of sight of land

458  
00:18:30,710 --> 00:18:28,320  
it wasn't their first trip they had

459  
00:18:32,549 --> 00:18:30,720  
sailed and learned how to build space

460  
00:18:34,390 --> 00:18:32,559  
sailing ships how to what oak come you

461  
00:18:35,909 --> 00:18:34,400  
needed how the sail should be built how

462  
00:18:38,150 --> 00:18:35,919  
do you keep people healthy in a long

463  
00:18:40,470 --> 00:18:38,160

sailing voyage before they ever started

464

00:18:42,710 --> 00:18:40,480

leaving sight of land and they owed

465

00:18:44,390 --> 00:18:42,720

their legacy to the early sailing ships

466

00:18:45,909 --> 00:18:44,400

and for those of you that leave earth to

467

00:18:47,990 --> 00:18:45,919

go somewhere else you're going to owe

468

00:18:49,669 --> 00:18:48,000

your legacy to both the science and the

469

00:18:55,110 --> 00:18:49,679

engineering that is the international

470

00:18:59,430 --> 00:18:57,590

hello chris ian mckenzie i'd like to

471

00:19:02,150 --> 00:18:59,440

thank you on behalf of the university of

472

00:19:04,310 --> 00:19:02,160

waterloo and particularly the students

473

00:19:06,310 --> 00:19:04,320

who participated in this event today and

474

00:19:21,669 --> 00:19:06,320

we look forward to seeing you at the

475

00:19:25,750 --> 00:19:23,669

dr mckenzie thank you very much thanks

476

00:19:27,029 --> 00:19:25,760

everybody for the great questions i'm

477

00:19:29,190 --> 00:19:27,039

sorry if i didn't get to everyone's

478

00:19:31,190 --> 00:19:29,200

questions but jeremy's there and he will

479

00:19:34,630 --> 00:19:31,200

be able to answer waterloo is a great

480

00:19:36,710 --> 00:19:34,640

school um my wife worked in in waterloo

481

00:19:39,590 --> 00:19:36,720

i studied at the university my son was

482

00:19:41,510 --> 00:19:39,600

born there it's a great part of canada

483

00:19:43,909 --> 00:19:41,520

and i very much look forward to coming

484

00:19:45,669 --> 00:19:43,919

and visiting and really trying to take

485

00:19:48,470 --> 00:19:45,679

the time to tell you about this

486

00:19:50,230 --> 00:19:48,480

experience when i get back to earth

487

00:19:52,470 --> 00:19:50,240

landing in may and back to canada this

488

00:19:54,950 --> 00:19:52,480



summer so thank you very much thank you

489

00:19:56,549 --> 00:19:54,960

jeremy and everybody for supporting and

490

00:20:03,990 --> 00:19:56,559

we'll talk to you all later bye from the